

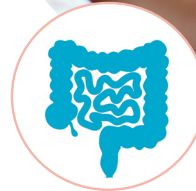
Nordic Allergy Webinar Series 2025

Nestlé Health Science invites health care professionals within the field of allergy management to this 2025 webinar series on current topics. The lectures will be approximately 40-45 minutes and conducted in English.

Lecturers from the Nordics as well as Australia will provide you with their expertise on the topics of:

- When to use amino acid based products
- The importance of early microbiota development
- Pediatric Eosinophilic Esophagitis
- Gastrointestinal reflux disease

Welcome!



*If you have any questions,
please contact:*

Mari Eskerud via e-mail:
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FOR HEALTHCARE PROFESSIONALS ONLY

See registration and the full program on the next page!

The webinar will take place via Microsoft Teams. After registration, you will receive an email with a login link to the webinar and a calendar invitation. It is important that the email is not deleted! If you have not received the email shortly, please check your spam folder. Agreement on collaboration rules: the employee participating in a meeting is responsible for obtaining the employer's approval for participation.

Webinars

When to use AAF?

Katrine Gauer is a specialist in pediatrics with over 10 years of experience working with infants, children, and adolescents. Amino acid-based formulas (AAF) play a crucial role in managing severe cow's milk protein allergy (CMPA) in infants and young children. But when should they be used, and why do international guidelines differ? Dr. Gauer will also share practical reflections on navigating these guidelines in real-world scenarios.



Monday 7th April
11.30 (FI 12.30)



Tuesday 8th April
14.30 (FI 13.30)



Which factors in early life support gut health, and why are they important?

Dr. Carina Saunders, consultant pediatrician at Oslo University Hospital, holds a PhD on infant diet and the gut microbiome's influence on allergic disease development. This talk will explore how early-life factors such as birth, breast-feeding, diet, and environment shape the gut microbiome in infancy, thereby influencing immune development and promoting long-term health.



Monday 28th April
11.30 (FI 12.30)



Tuesday 29th April
14.30 (FI 15.30)



Pediatric Eosinophilic Esophagitis

Dr. Ralf Heine will expand knowledge and understanding of Pediatric GERD. The typical symptoms and predictors of GERD in children, as well as overlapping symptoms that may indicate other diagnoses. Further, discuss the diagnostic criteria and current guidelines for assessment, along with recommended treatment options. Additionally, explore the connections between FGID) and CMPA, highlighting relevant research that informs clinical practice.



Tuesday 3rd June
14.30 (FI 15.30)



Eosinophilic Esophagitis - Diagnosis, Treatment, and Research

Helena Thulin, MD, PhD at Astrid Lindgren's Children's Hospital in Stockholm who defended her thesis in April 2024 titled "Pediatric Eosinophilic Esophagitis." During the lecture, Helena will share her expertise in the field and highlight important aspects of the diagnosis and treatment of EoE. She will also discuss the latest guidelines and current research related to the topic.



Wednesday 3rd September
14.30 (FI 15.30)

